

# Savvy Caregiver

## Dementia Care Classes

**Thursdays, September 6-October 11**

**5:30 - 7:30 pm**

**10355 East Palmer-Wasilla Hwy., Palmer**

This class is for family members caring for a loved one with Alzheimer's disease or related dementias. This six-week course meets for two hours each week, and focuses on improving the practice of caregiving. There is discussion of decision making and the emotions you may face, as well as a thorough overview of Alzheimer's disease and related dementias.

Classes are free but pre-registration is required.  
Space is limited.

## For Registration

**Contact:** Janice Downing

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Scan for other  
upcoming events.