

# Webinar - Savvy Caregiver Dementia Care Classes

**Saturdays, November 3 - December 8**

**10:00 AM - Noon**

**Connect via GoToMeeting or by Telephone**

This class is for family members caring for a loved one with Alzheimer's disease or related dementia. The class meets for six-weeks for two hours each week. The focus is on improving the practice of caregiving.

There is a thorough overview of Alzheimer's disease and related dementia as well as the emotions the caregiver may face, a tool for decision making, and how to deal effectively with family issues. You will learn about the stages and how to use that to help your loved one stay "in the Zone".

**Classes are free, but pre-registration is required as space is limited.**

## For Registration

**Contact: Gay Wellman**

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