

REGISTRATION

Fees:

\$100 | Conference cost covers 1 ½ days, 9 CEUs, snacks and lunch (July 26)

Continuing Education Credits:

9 | CME, CEU credit hours available to participants completing the entire 1 ½ day conference.

Social Worker: Application for substance abuse credits has been filed with the Alaska Board of Social Work Examiners. Determination of credits are pending.

Physician: This live activity has been reviewed and is acceptable for up to 9.00 Prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants should check with their respective State Boards to confirm acceptance of these credits.

Register:

akcache.org/Training/Class/92375

Registration assistance:

UAA, The Department of
Human Services
Jenifer Leigh
907-786-6453
jwleigh@alaska.edu

UAA Alaska Center for Rural
Health & Health Workforce
Pat Sammartino
907-786-6589
pjsammartino@alaska.edu

NOTE: The Rasmuson Hall is located on the University of Alaska, Anchorage. Parking on the campus is free during the summer.

Please remember to bring a light jacket or sweater to accommodate for temperature fluctuations.

OVERVIEW

This conference will provide a deeper look into trauma and addiction, exploring the link between epigenetics and neuroplasticity with the resultant change in physiology, motivation, and behavior. The topic of meaning and purpose in a therapeutic setting will be discussed as an opening to an existential approach to psychotherapy and motivation. The principles of evaluation, diagnosis, and treatment of the violent or suicidal client with co-morbid mental illness and substance use disorders will be examined. Additionally, case studies will highlight the acute and chronic behavioral neurobiology of the stimulant user.



COMPLEX TRAUMA & ADDICTION III 2019

Linking Motivation & Recovery

JULY 26th | Friday
8:30am – 5:00pm
Lunch - noon

&

JULY 27th | Saturday
9:00am – 12:00pm



Conference Location:
University of Alaska Anchorage
Rasmuson Hall, Room 101
3416 Seawolf Dr.
Anchorage, AK 99508

PRESENTERS

Christopher La Tourette La Riche, MD



Is a board-certified addiction psychiatrist and Diplomate of the American Board of Psychiatry and Neurology. He previously served as Assistant Professor at Florida International University's College of Medicine. His publications include books, on topics of addiction, the neurobiology of depression and child abuse. He serves on the Editorial Board of the Journal of Addiction Medicine and Therapies.

Paula J. Colescott, MD



Is board certified in internal medicine and addiction medicine, having completed a fellowship in addiction medicine at the John A. Burns School of Medicine / University of Hawaii. She has served as the Medical Director of The Salvation Army Clitheroe Center, the Associate Medical Director of Providence Breakthrough, and as a physician at the Narcotic Drug Treatment Center. She is currently a medical consultant for the Department of Human Services at UAA in curriculum development for Substance Use Disorders.

Alexander von Hafften, MD



Is board-certified in adult psychiatry with the American Board of Psychiatry and Neurology. He first worked in Alaska as a WWAMI resident from the University Of Washington, School Of Medicine in 1990. Since then, he has worked on three continents: North America, Europe and Africa. Dr. von Hafften has worked in a wide variety of clinical, administrative and policy settings and is a member of the State of Alaska Controlled Substance Advisory Committee.

SCHEDULE

JULY | **FRIDAY**
26th | **DAY 1**

8:30 Registration Opens

Registration will be open for participants walking in on the day of the conference.

9:00 - 9:15 Welcome

Jo Ann Bartley, Ph.D. Licensed Psychologist, Dept. Chair Human Services UAA College of Health

9:15 - 10:45

Understanding the Role of Motivation in the Treatment of Addictive Disorders
Christopher La Tourette La Riche, MD

10:45 - 11:00 Break

11:00 - 12:30

The Mystic and the Musician: Transcendent Experience and Ego
Christopher La Tourette La Riche, MD

12:30 - 1:30 Catered lunch / Networking

1:30 - 3:00

The Rise of Methamphetamine: Stepping Inside Another World
Paula Colescott, MD

3:00 - 3:15 Break

3:15 - 5:00

Co-occurring Mental Illness and Substance Use Disorders: Increasing the Risk for Suicide and Violence
Alexander von Hafften, MD

5:00 Wrap up / Certificates provided

SCHEDULE

JULY | **SATURDAY**
27th | **DAY 2**

9:00 - 10:30

A Deeper Look: Selected Topics in Trauma
Christopher La Tourette La Riche, MD

10:30 - 10:45 Break

10:45 - 12:00

Assessing Cognitive Impairment in the Substance Using Population for the General Practitioner
Paula Colescott, MD

12:00 Wrap up / Certificates provided

LEARNING OBJECTIVES

Participants will be able to:

1. Name 3 ways in which motivation changes across the adult life span.
2. Identify 2 features of an existential approach to psychotherapy and motivation.
3. Name 2 methods to broach the topic of meaning and purpose in a therapeutic setting.
4. Explore the role of transcendent experiences in the treatment of mental health and addictive disorders.
5. Review the behavioral pharmacology of stimulant use.
6. Identify the risk of suicide and violence in co-morbid mental illness and substance use disorders.
7. Understanding the practicalities of epigenetics in the context of neuroplasticity.
8. Describe the techniques utilized in obtaining a trauma history.
9. Explain the implications of cognitive impairment in substance use disordered patients.