

## Child-Parent Psychotherapy (CPP) is Coming to Alaska

In response to a growing need for early childhood mental health services, a multi-agency partnership is bringing CPP training to Alaska with the goal of training 30 clinicians in this nationally recognized, evidence-based practice.

### Training Schedule

Successful applicants will participate in a 18 month training process that includes:

- Initial 1-day introduction and 3-day workshop **May 14th-17th, 2019**
- Two 2-day booster sessions (held six months apart, after the initial workshop)
- Case consultation in person or via telephone (2 times a month for 18 months)

### Participant Requirements

Participation will be limited to practicing mental health clinicians who are either licensed or actively pursuing licensure. Participants will be selected through a competitive application process. Applicants must be currently working with at least four early childhood clients suitable for CPP or have the ability to do so during the course of the training.

The application window opens on **Monday, March 4<sup>th</sup>** and will extend until all spots are filled.

### About CPP

Child-Parent Psychotherapy (CPP) is an intervention model for children aged 0-5 who have experienced at least one traumatic event and/or are experiencing mental health, attachment, and/or behavioral problems, including posttraumatic stress disorder (PTSD). For more information, please visit:

<http://childparentpsychotherapy.com/>





## Questions

Please stay tuned for additional information and updates. If you have immediate questions about the training, please contact Chris Gunderson at [cgunderson@denalifs.org](mailto:cgunderson@denalifs.org).

This training has been made possible by the partnership and generous financial support of the following sponsors:

## Informational Webinars

In cooperation with the Alaska Training Cooperative, the organizers will be hosting two informational webinars with the trainer prior to the opening of the application window. The webinar dates and times are as follows:

- **Monday, March 4, 11:45am**
- **Thursday, March 14, 12:00pm**

The webinars will cover a range of topics, including:

- An overview of the program and training process
- Medicaid billing for early childhood services
- Integration of CPP into ongoing state initiatives, including FIT Courts and the 1115 waiver.



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