

# TRAUMA 101



**Friday, November 15<sup>th</sup>, 2019**  
**10:00am – 5:30pm**  
**Mat-Su Health Foundation**  
**777 N. Crusey Street, Wasilla, AK 99654**

**Trainer:** Lindsay Coffey, MS, LPC - Clinician, Alaska Child Trauma Center at ACMHS

**Registration:** Online at the Alaska Training Cooperative: <https://aktclms.org/Training/Class/103185>

Trauma 101 training focuses on understanding how trauma impacts the body and the brain, how people adapt to trauma, and what we can do as providers and community members to support recovery and resiliency. *The Trauma 101 training is not training on a specific type of intervention but is focused on how we can use a better understanding of trauma to be trauma-informed.*

There is no charge to participate, with funding for this training provided by the State of Alaska Division of Behavioral Health. However, space is limited, and participants must register in advance. Refreshments will be served, with lunch on your own. Continuing education credits are currently pending approval with State of Alaska Board of Social Work Examiners and the State of Alaska Board of Professional Counselors.

**Training Contact:** Rozel Buzby, Training Coordinator, Alaska Child Trauma Center at ACMHS

**Email:** [rbuzby@acmhs.com](mailto:rbuzby@acmhs.com) // **Phone:** (907) 762-2852



NCTSN

The National Child  
Traumatic Stress Network