

***Gain the skills and knowledge you need  
to provide clinical mental health services to  
families with infants and very young children.***

## WHAT IS THE ACT PROGRAM AT THE UNIVERSITY OF WASHINGTON?

The [Advanced Clinical Training \(ACT\) Program](#) at the Barnard Center for Infant and Early Childhood Mental Health is an intensive, 15-month professional development program for post-graduate, licensed or license-eligible mental health professional.

## THE PROGRAM DELIVERS

- Comprehensive foundation knowledge in infant and early childhood mental health principles, concepts, and practice
- Child development & early relational health and wellbeing
- Integrated system perspective content
- Reflective practice and observation
- Diversity-informed, relationship-focused clinical mental health training
- Community learning cohort relationship

***“There is no such thing as a baby;  
there is a baby and someone.”***

- Donald Winnicott

Visit our [WEBSITE](#) to learn more  
about the ACT Program and  
upcoming virtual OPEN HOUSE dates.

E-mail us at:

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Visit us at:

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