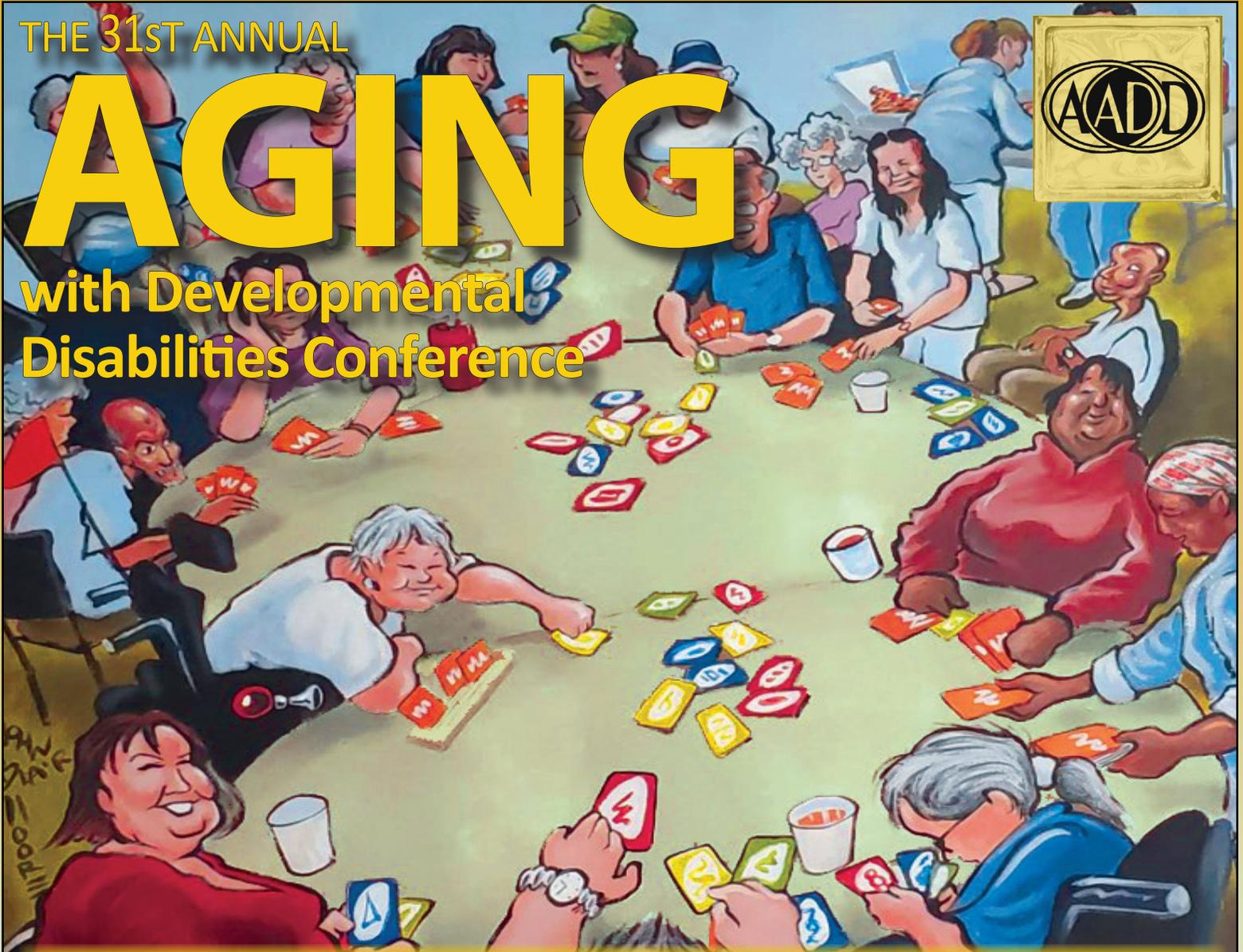


THE 31ST ANNUAL

# AGING

## with Developmental Disabilities Conference



**May 23-24, 2022 St. Charles Convention Center [www.agingwithdd.org](http://www.agingwithdd.org)**

In-Person Registrations will be limited to ensure adequate physical distancing. Virtual Registrations are unlimited.

**5 PLENARY PRESENTERS. 4 TRACKS. 3 CE OPTIONS. 2 DAYS. 1 GOAL:**

**DEVELOPING THE BEST SUPPORT PRACTICES FOR AGING WITH DEVELOPMENTAL DISABILITIES.**



JESSICA BAX



DR. JOHN CONSTANTINO



DR. JEREMY PARR



DR. CRAIG ESCUDÉ



DISHON KNOX

**The 31st Annual Aging with Developmental Disabilities Conference is presented by:**

SAINT LOUIS UNIVERSITY  
TRUDY BUSCH VALENTINE  
SCHOOL OF NURSING



ASSOCIATION ON AGING WITH  
DEVELOPMENTAL DISABILITIES

Washington University in St. Louis  
SCHOOL OF MEDICINE



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Washington University in St. Louis

Intellectual and Developmental Disabilities Research Center

# The 31st Annual AGING

with Developmental Disabilities Conference  
May 23-24, 2022



## Conference Location

St. Charles Convention Center  
#1 Convention Center Plaza, St. Charles, Missouri 63303

## For More Information

Contact AADD at (314) 647-8100  
aaddconference@agingwithdd.com

## Monday, May 23

8:30 Registration/Exhibitors

9:15 Welcome

9:30 Morning Plenary Session: AT THE INTERSECTION OF AGING AND DEVELOPMENTAL DISABILITIES



Jessica Bax

**JESSICA BAX, MA, DIRECTOR, DIVISION OF DEVELOPMENTAL DISABILITIES, MISSOURI DEPARTMENT OF MENTAL HEALTH**

The constant change in the world requires a response. We can choose to plan carefully or we can simply wait for the change to happen to us. It is our role as leaders and advocates for people with I/DD to ensure the system is prepared for change. One of the major changes facing those we serve is a wonderful thing - increased life expectancy, now similar to that of the general population. The number of adults with I/DD age 60 and older is projected to nearly double by 2030 to 1.2 million. As the former State Unit on Aging Director and the current Director, Division of Developmental Disabilities, I feel Missouri is uniquely poised to move forward with the knowledge, partnerships, and collaboration needed to be prepared for this change and to have a best in class system. Join me to envision our roadmap to success.

10:30 Break/Visit our Exhibitors

10:45 Breakout Session I

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
<p><b>RECOGNIZING AND RESPONDING TO DISASTER FATIGUE</b></p> <p>Rachel Jones, LPC, Manager, Trauma Informed Care, Director, Disaster Response State Grant, Missouri Department of Mental Health, and Beckie Gierer, MS, Deputy Director, Office of Disaster Services and DMH Continuity Director, Missouri Department of Mental Health</p> <p>After a disaster, such as a hurricane or pandemic, comes disaster fatigue. This session will focus on recognizing and responding to the natural cycle of fatigue that occurs following a disaster. Responses and resources for both individuals and staff will be discussed.</p>	<p><b>A DIFFICULT CONVERSATION</b></p> <p>Margaret Terranova, RN, Staff Development Coordinator, Heartland Hospice</p> <p>Why is it so challenging to talk about death? It is as natural as birth, yet the subject produces dread, fear, or anxiety. Let's consider together why it is one of the most important conversations we can have with people we care about, as well as with those we care for.</p>	<p><b>COGNITIVE AND EMOTIONAL CHANGES AFTER A TRAUMATIC BRAIN INJURY</b></p> <p>Justine Ashokar, PhD, Director of Clinical Services, The Brain Injury Rehabilitation Center</p> <p>This presentation will provide an awareness and understanding of the changes in cognition and emotion after a traumatic brain injury. We will discuss strategies to manage and adjust to those changes.</p>	<p><b>IMPACTS OF MUTUAL CARING</b></p> <p>Pat Charlesworth, Co-Chair, Foundation for People with Learning Disabilities (FPLD) Advisory Group, and Christine-Koulla Burke, BA, MSc, Director, FPLD, London South Bank University</p> <p>Individuals with disabilities are living with their family members, and both are aging. What are the impacts on both the aging parent and the person with disabilities and how do we address them?</p>

We gratefully acknowledge our sponsors:



SAINT LOUIS UNIVERSITY™



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Intellectual and Developmental Disabilities Research Center



The 31st Annual  
**AGING**  
with Developmental Disabilities Conference



**Monday, May 23 (continued)**

11:45 Lunch  
1:00 Breakout Session II

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
<p><b>STATION MD: BRINGING BETTER QUALITY MEDICAL CARE VIA TELEMEDICINE</b> Malik M. Trivedi, MD, FACEP</p> <p>Those with IDD face many hurdles when attempting to obtain quality medical care. Learn how a specialized telemedicine solution is utilized to improve access to superior and specialized care, improve care integration, bring quality care to individuals aging with IDD, and foster independence and community living.</p>	<p><b>BEHAVIORS &amp; COMMUNICATION IN DEMENTIA CARE</b> Becky Fierberg, MSW, LCSW, Clinical Research Specialist, Knight Alzheimer's Disease Research Center</p> <p>Warning signs of dementia can look different in those with developmental disabilities. Learn about behaviors and communication and how we can translate these clues into effective and empowering care, as well as triggers, creative solutions, and ways to use both body and verbal language to connect with someone with cognitive impairments.</p>	<p><b>PRACTICAL APPLICATIONS OF GENETIC TESTING</b> Craig Sever, RPh, Clinical Coordinator, Everspring Pharmacy</p> <p>Learn what pharmacogenetics testing is and discover its applications in prescribing medications and their effectiveness when treating various physical conditions.</p>	<p><b>REDUCING SOCIAL ISOLATION ONE FURRY-FRIEND AT A TIME</b> Kelli Barton, PhD, Director, Health &amp; Aging, University of Missouri-Kansas City, and David Baker, Director, Missouri Assistive Technology</p> <p>This session will discuss the effect of robotic pet ownership on loneliness and psychological distress among over 200 Missourians served through local Area Agencies on Aging (AAAs) and Independent Living Centers (CILs).</p>

2:00 Break/Visit our Exhibitors  
2:15 Breakout Session III

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
<p><b>DEMENTIA CAREGIVING TOOLBOX</b> Jan Fabick, MSW, LCSW, Clinic Manager, Memory Care Home Solutions, and Kari Burch, OTD, OTR/L, Occupational Therapist</p> <p>Participants will be able to identify signs of cognitive changes or dementia in persons with IDD. The session will include techniques for self-care, environmental modifications, and assistive technologies to improve function and reduce stress for care partners.</p>	<p><b>REPRESENTATIVE PAYEE BEST PRACTICES, PITFALLS, SOLUTIONS, FEES, &amp; AUDITS</b> Barb Helm, Executive Director, Arcare, Inc., and Emily Smith, MPA, Executive Director, Wyoming Guardianship Corporation</p> <p>From accepting payments, providing money management, and protecting people from abuse and fraud, representative payees have an important role. We will discuss how you or your organization can fulfill the duties of a representative payee, and be paid for the service.</p>	<p><b>MANAGING BEHAVIORAL SYMPTOMS OF INDIVIDUALS AGING WITH ASD</b> Jeremy Parr, MB, ChB, MD, CCT, Professor of Paediatric Neurodisability Newcastle University Institute of Neuroscience, and John Constantino, MD, Professor and Co-Director, Intellectual and Developmental Disabilities Research Center, Washington University School of Medicine</p> <p>Discover pharmaceutical and non-pharmaceutical approaches to managing difficult behavioral symptoms among people who are aging with ASD.</p>	<p><b>IMPACT OF THE PANDEMIC ON LONELINESS &amp; SOCIAL ISOLATION: WHAT DOES THE FUTURE HOLD?</b> Marla Berg-Weger, PhD, LCSW, Professor Emeritus, Saint Louis University School of Social Work</p> <p>This presentation will provide an overview of loneliness and social isolation before, during, and after the pandemic, the impact on older adults' physical and mental well-being, and implications for older adults with intellectual and developmental disabilities.</p>

3:15 Break/Visit our Exhibitors  
3:30 Afternoon Plenary Session: **AUTISM SPECTRUM DISORDER, ADULTHOOD AND AGING**

Jeremy Parr, MB, ChB, MD, CCT, Professor of Paediatric Neurodisability, Newcastle University Institute of Neuroscience  
John Constantino, MD, Professor and Co-Director, Intellectual and Developmental Disabilities Research Center, Washington University School of Medicine

Findings from recent autism spectrum disorder and aging research will be shared to provide insight into implementing practical interventions in serving this population.



Dr. Jeremy Parr



Dr. John Constantino

4:45 Conference concludes for the day



- 8:00 Registration\*/Exhibitors (\*Registration only if you did not attend Monday)
- 8:15 Welcome
- 8:30 Morning Plenary Session: **CLINICAL PEARLS IN IDD HEALTHCARE**  
*CRAIG ESCUDÉ, MD, FAAFP, FAADM, PRESIDENT, INTELLECTABILITY*  
 Clinical Pearls, bits of clinically helpful information often gained from experiences or observations, are easily digestible, immediately usable, and are not always found in a book. We will focus on clinical pearls learned “the hard way.” Find tips and observations in this discussion to help in your support and care for people with IDD.
- 9:30 Break/Visit our Exhibitors
- 9:45 Breakout Session I



Dr. Craig Escudé

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
<b>PLANNING FOR A GOOD LIFE WITH ASSISTIVE TECHNOLOGY</b> <i>Julie Reynolds, BA, MA, Senior Research Associate, University of Missouri-Kansas City, and David Baker, BA, MA, Director, Missouri Assistive Technology</i> Learn how to organize your ideas, vision, and goals, and problem-solve, navigate, and advocate for supports through the use of assistive technology.	<b>SUICIDE PREVENTION: A CALL TO ACTION</b> <i>Jacque Christmas, MPA, BSW, Facility Review Coordinator, Missouri Department of Mental Health</i> Explore research and data regarding individuals with intellectual and developmental disabilities as an affected group. Discuss risk and protective factors and how to apply best practices in preventing suicide.	<b>DIGESTING THE DATA ON EDIBLES</b> <i>Chris Herndon, PharmD, BCACP, Professor, School of Pharmacy, Southern Illinois University Edwardsville</i> This session will provide a basic introduction into the types and available options for edibles and how the utilization of these may affect and benefit individuals aging with DD.	<b>FOLLOW UP TO CLINICAL PEARLS IN IDD HEALTHCARE</b> <i>Craig Escudé, MD, FAAFP, FAADM, President, IntellectAbility</i> Join Dr. Escudé for a more in-depth look at Clinical Pearls in IDD Healthcare.

- 10:45 Break/Visit our Exhibitors
- 11:00 Breakout Session II

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
<b>DEMENTIA CARE ECOSYSTEM</b> <i>Michelle Niedens, LCSW, Director, Cognitive Care Network, KU Alzheimer’s Disease Center, and Susan Sprague, MS, Vice President of Communication and Expansion, OCCK, Inc.</i> Learn about advancing referral pathways to Care Ecosystem staff, as well as early recognition and support tools for formal and informal caregivers.	<b>STAR RAFT INTRO: PERSON-CENTERED, ENDURING CIRCLES OF CARE</b> <i>David Wetherow, Executive Director, The Star Raft Project and Owner, CommunityWorks</i> Learn how family-friendly, community-based support networks benefit people living with disabilities and the larger community. The use of microboards will be highlighted.	<b>MAKING FALL A SEASON, NOT A VERB!</b> <i>Julie Reynolds, Senior Research Associate, University of Missouri-Kansas City, and David Baker, Director, Missouri Assistive Technology</i> During this session, learn about the various cost-effective tech tools that can help you - and those you support - to prevent falls.	<b>FIRST RESPONDER DISABILITY AWARENESS TRAINING</b> <i>Vicky Davidson, MEd, Executive Director, Missouri Developmental Disabilities Council</i> First Responder Advocacy Training (FRAT) for Disability Advocates provides opportunities to receive the tools to work with police and fire departments, EMS/ambulance services, and 9-1-1 Call Centers to make sure they know the needs of people in the disability community.

- 12:00 Lunch and Award Presentations
- 1:15 Breakout Session III

DIRECT CARE TRACK	PROFESSIONAL TRACK	MEDICAL TRACK	POTPOURRI TRACK
<b>KEEPING PEOPLE SAFE: NAVIGATING BOUNDARIES WITH THE RING OF SAFETY</b> <i>Jessica Naslund, LCSW, AASECT Certified Sexuality Educator Supervisor, Adjunct Professor, University of Missouri-St. Louis, and Madeline Webster, Transition Navigator, St. Louis Arc</i> This session will reflect on Dave Hinsburger’s <i>Ring of Safety</i> as a systems approach to abuse prevention with older adults.	<b>ACUTE CHANGE IN CONDITION</b> <i>Julie K. Gammack, MD, CMD, FACP, Professor of Medicine, Saint Louis University School of Medicine</i> Learn about the importance of “ruling out medical” and the possible medical reasons that lead to behavioral changes in people with DD who are aging.	<b>COVID-19’S LONG-TERM EFFECTS ON PEOPLE WITH IDD</b> <i>Angeline Stanislaus, MD, Chief Medical Director, Missouri Department of Mental Health, and Kerri Tesreau, MBA, Assistant Director, Department of Mental Health</i> This session will discuss the long-term effects of COVID-19 on people who are aging with IDD, including information about vaccine tolerance and techniques to encourage mask-wearing and other precautions to prevent the spread of COVID-19 in this high-risk population.	<b>AGING IN ADULTS WITH DOWN SYNDROME: CONCERNS FOR ALZHEIMER’S DISEASE</b> <i>Seth M. Keller, MD, Co-President, National Task Group on Intellectual Disabilities and Dementia Practices</i> This presentation will explore the importance of assessments, accurate diagnostics, expectations of disease care and management related to Down syndrome and Alzheimer’s Disease, as well as concerns of family and caregivers.

- 2:15 Break/Visit our Exhibitors
- 2:30 Afternoon Plenary Session: **MANAGING MORALE WITH A MARATHON MENTALITY**  
*DISHON KNOX, MA, MANAGER, TRAINING DEPARTMENT, EAST DISTRICT HABILITATION CENTERS*  
 Find the motivation and mindset to run well, pace yourself, avoid burnout, and finish strong in your profession.



Dishon Knox

- 3:30 Conference concludes. Submit survey and continuing education paperwork.



# 31st Annual AADD Conference Registration Form

**PAYING BY CREDIT CARD? Fees will apply.**  
**Click here or scan the QR code to REGISTER ONLINE.**

Scan this QR Code to register online.



By submitting your registration, you acknowledge and agree to abide by the refund policy and safety requirements written below.

Name \_\_\_\_\_ Job Title \_\_\_\_\_

Organization \_\_\_\_\_

Home or Business Address \_\_\_\_\_

Email \_\_\_\_\_ Telephone (\_\_\_\_) \_\_\_\_\_

By April 21, 2022 submit any special needs or accommodation requests (including dietary) by listing here:

## Registration Fee IN PERSON ATTENDANCE VIRTUAL ATTENDANCE

- \$225 Conference Fee (early registration)
- \$215 Conference Fee per person for organizations sending 5 or more participants (early registration)
- \$250 Conference Fee for registrations received after April 21, 2022
- \$240 Conference Fee per person for organizations sending 5 or more registrations received after April 21, 2022
- \$ 45 10 hours - Nursing, Social Work, Illinois CEUs

**No refunds or changes from virtual to in-person attendance after April 21, 2022.**

Please check the sessions you will attend and circle the breakouts of your choice. For both days, all plenary sessions are included.

**Day One: Monday, May 23rd**

**Day Two: Tuesday, May 24th**

- Breakout Session I: Direct Care | Professional | Medical | Potpourri
- Lunch
- Breakout Session II: Direct Care | Professional | Medical | Potpourri
- Breakout Session III: Direct Care | Professional | Medical | Potpourri

- Breakout Session I: Direct Care | Professional | Medical | Potpourri
- Lunch/Awards Ceremony
- Breakout Session II: Direct Care | Professional | Medical | Potpourri
- Breakout Session III: Direct Care | Professional | Medical | Potpourri

Registration includes consent for the Association on Aging with Developmental Disabilities to use your name, picture, likeness, film clip, voice recording, and other media-based material to develop marketing materials to be used by AADD unless written revocation of your consent is received by AADD prior to May 23, 2022. Registration includes consent for the Association on Aging with Developmental Disabilities to share your name and contact information with other conference attendees and vendors unless written revocation of consent is received by AADD prior to May 23, 2022.

Amount Enclosed \$ \_\_\_\_\_ Purchase Order # \_\_\_\_\_

## Continuing Education Hours (pending approval)

For more information regarding contact hours, please call 314-647-8100. All attendees will receive a certificate of attendance upon request. Applications for up to 10 CEU Contact Hours will be submitted for approval to the following:

- Saint Louis University Trudy Busch Valentine School of Nursing is approved as a provider of nursing continuing professional development by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. *Midwest MSD Provider Approval #MO224-3*
- Missouri Division of Professional Registration Committee for Social Workers, PO Box 1335 Jefferson City, MO 65102.
- Illinois Department of Human Services (LCPC, LCP, LCSW, LNHA, LOT, LOTA, LPT, LPTA, LPC, LSW, RN, LPN, APN)

This conference will qualify for continuing education hours as required by many national, state, and local licensing boards and professional organizations. Save your course outline, certificate of completion, and contact your specific organization for filing requirements. Please bring your license/certification number to the conference. In the event of late arrival or early departure, amended certificates indicating the actual number of credit hours earned will be provided. This conference contains intermediate level content.

Discounted hotel accommodations are available at the Embassy Suites by Hilton St. Louis St. Charles until 4/21/22. (attached to the Convention Center) by calling 800-EMBASSY.

Visit [www.discoverstcharles.com](http://www.discoverstcharles.com) for additional accommodations and area attractions.

For the safety of all at our conference, attendees are strongly encouraged to be fully vaccinated for COVID-19. In the event of fever or other signs of illness, attendee will be allowed to participate only remotely. Face coverings will be required and physical distancing will be encouraged. Following all other CDC and local guidelines will be required. Refunds will be offered only until April 21, 2022, even if one cannot attend due to COVID-19 symptoms. No refunds will be offered due to technical issues, as all sessions will be recorded and posted in the Whova application for viewing up to 14 days after the conference. AADD reserves the right to offer the conference only by videoconference if circumstances warrant. In addition to standard practices, the St. Charles Convention Center utilizes, throughout its facility, an ionization system that neutralizes bacteria and viruses (including COVID-19). To further ensure safety, an additional UV lighting system has been installed into the air handlers.

Questions?

Call (314) 647-8100

Email [addconference@agingwithdd.com](mailto:addconference@agingwithdd.com)  
or visit [www.agingwithdd.org](http://www.agingwithdd.org)